

Comprehensive Digestive Test

Comprehensive Digestive Test includes Parasites, Fungal & Yeasts, Beneficial Bacteria and Candida Tests.

The digestive test which we offer tests for Candida, Parasites, Yeasts, Fungal overgrowth and beneficial bacteria. It is a comprehensive test which is used for over 70% of people who we see in the clinic. This stool test can help reveal hidden causes behind acute and chronic conditions.

Are you experiencing any of the following ?

Stomach pains, bloating, constipation, diarrhoea, IBS (irritable bowel syndrome), acid reflux, indigestion, bad breath, dark circles, flatulence, wind or cramps, fatigue, headaches for no reason, sinus or mucous problems, thrush, chest infections, cystitis, sore throats or ear infections?

Are you feeling any of the following ?

Tiredness, cravings for sweet foods or chocolate, food intolerances to certain foods, feeling 'hung over' after only a little alcohol, beer belly, putting on weight for no reason, water retention?

Do you get any of the following ?

Skin concerns such as eczema or dry skin, itchy skin, skin rashes, red pimples, psoriasis, pus or scabby skin, acne or acne rosacea?

All of these skin concerns are common place and are seen daily in the clinic. The body's main detoxification organ is through the skin so any toxins from overgrowths of candida or parasites tend to manifest on the skin. It is therefore necessary to look at these underlying factors in order to help many skin concerns as these may be contributing to the skin condition and making it hard to eradicate. It's similar with other areas such as chest, ear, nose, throat, as these can cause a build up of toxins. There for this test can be especially helpful for looking at children's health. Also both bulimia and anorexia have been linked to helping eradicate gastro-infections.

Weight gain can occur for no reason as can tiredness and cravings due to a toxic overload. This applies joint pain, fibromyalgia and arthritis which can sometimes be linked to harmful toxins being lodged in the joints or in the soft tissues of muscles. Fibromyalgia may be a combination of toxic overload due to gastro-infections and often adrenal stress can be seen as present on an Adrenal Stress Test.

Food Intolerances have been a question ever since Nutritionists were around. Many people who clear yeasts and harmful or pathogenic bacteria in their systems go on to be much more tolerant of foods.

The last word is reserved for that of the Parasite! This clever organism lives off the host person who it has infected. It can cause all manor of problems including diarrhoea, migraines, IBS, and severe bloating and flatulence. There is a particular way of dealing with parasites but firstly a test must be undertaken to see if they are present. Worms too are similar and can cause severe stomach pains, severe bloating and constipation. These must be tested for immediately if they are suspected.

Book your Comprehensive Digestive Test Today!

Email: info@thinknutrition.co.uk

